



LiiNK Workshop: Become a Change Agent for Healthy, Active Kids and Teachers in Schools

Where: Education Service Center, Corpus Christi

When: February 16th, 2018

ESC 2 Contact: Anne Cunningham | anna.cunningham@esc2.us | 361-561-8660

Conference Prices

Fee: Free
7 hours of EUC's available

Workshop Schedule

8:00-8:30: Coffee & Registration
8:30-3:30: Workshop

Workshop Description:

This workshop will introduce the research on the importance of children participating in active play outdoors. Information will be provided on how to develop the whole child and the whole teacher/administrator through physical education, unstructured play, and social emotional learning. Participants will learn behavior change concepts and develop strategies to become a change agent for their schools. During the session, participants will have the opportunity to discuss school policy and communication strategies necessary for effective change. This workshop is designed for PE and Health Educators in the school setting. The session will be led by Dr. Debbie Rhea, TCU Professor, Associate Dean of Research in Harris College of Nursing and Health Sciences, and the Founder and Director of the LiiNK Project.

Dress Code: Casual - Please come dressed to participate in unstructured, outdoor play breaks during the workshop (e.g., comfortable walking shoes).

Exact location and other information to be announced. Please visit our website for updates.
www.liinkproject.tcu.edu