



## The Liink Project End of Year Report (Formerly Project ISIS) 2013-2014 (Year 1)

*Our mission is to bridge the gap between academics and the social, emotional and healthy well-being of children.  
The Liink Project aims to develop the whole child through increased recess and character development.*

**Initial Support:** \$125,000.00 (Harris College of Nursing & Health Sciences (HNCHS), College of Education (COE), College of Science & Engineering (CSE), & the Provost's Office).

**Funding Secured:** Fall 2014 – Spring, 2016: **\$205,000.00.**

### **The Liink Project Implementation:** First year steps

- o Collaboration among TCU Kinesiology/Education/S&E faculty
- o Selected two schools to participate: Starpoint Lab School; Trinity Valley School
- o Only K-1 teachers and students
- o K-1 Teacher training and focus group sessions
- o K-1 baseline data collection (Fall); end of year data collection (Spring)
- o Initiated Liink strategies in schools January 6, 2014 (added 3-15 minute recesses daily & *Positive Action* – three, 15-minute lessons weekly)

### **Results:**

- o The children looked forward to each recess and demonstrated social growth and development through the change in peer interactions from pre to post assessments.
- o Transition time from classroom to recess and back decreased from three to four minutes each way to less than one minute consistently each way.
- o Children are more disciplined and focused in the classroom since launching the extra recesses
- o Academic performance on reading and math significantly increased from previous same grade student scores to this year's student scores
- o Misbehavior during recess has significantly decreased
- o Off-task behaviors in classroom significantly decreased

### **Future Directions:**

- o Will continue to add another grade level yearly over the next eight years for TVS & Starpoint
- o Will add control schools as comparisons for TVS & Starpoint – Fall 2014
- o Training in public schools Spring, 2015 (mirror the above Starpoint & TVS pilot steps with public schools as a pilot) – baseline data collected also
- o Launch the Liink Project in public schools; collect data for intervention & control schools 2015-2016

### **For More Information:**

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## Appendix: Results

