

David Farbo, M.S.
CURRICULUM VITAE
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EDUCATION

- Ph.D.**
Anticipated-May 2022
Texas Christian University
Health Sciences
Dissertation Title: The effects of a multi-recess intervention on obesity rates and physical activity patterns in elementary children
- M.S.**
May 2017
Texas Christian University
Exercise Psychology
Thesis Title: Creating healthier kids one step at a time: An exploratory study through LiiNK
- B.S.**
December 2014
Bridgewater State University
Physical Education, grades 5-12 certification
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Professional Experience

Research Associate

May 2017-Present

The LiiNK Project (Let's Inspire Innovation 'N Kids)
Texas Christian University, Fort Worth, Texas.

Teaching Experience

Instructor of Record:

Texas Christian University

May 2018-Present

- KINE 10101-Intro to Kinesiology
- KINE 30343-Theory of Coaching
- KINE 40313-Individual and Dual Sports

Teaching Assistant:

Texas Christian University

August 2015-May 2017

- PEAC 10721 Racquetball
- KINE 10603 Anatomical Kinesiology
- KINE 30523 Exercise Assessments & Prescription
- KINE 20313 Foundations of Sport Injuries
- KINE 30403 Motor Behavior
- KINE 20403 PHED For Elementary School Children
- KINE 40623 PHED For Secondary Youth

Research Experience

Graduate Research Assistant

August 2015-May 2017

Department of Kinesiology, Texas Christian University, Fort Worth, Texas.

The LiiNK Project, Director: Dr. Debbie Rhea

RESEARCH GRANTS AND FUNDING

External Grants

Unfunded:

1. Shape America: Thomas L. Mckenzie Research Grant
Title: Body composition of children with multiple recess daily
Role: Principle Investigator
Amount: \$2,000
March 2021

Internal Grants

Funded:

1. HCNHS Student Online Conference Grant Award (\$300)
Texas Christian University, *February 2021*
 2. HCNHS Student Travel Grant Award (\$500)
Texas Christian University, *February 2020*
 3. HCNHS Student Research Grant Award (\$300)
Texas Christian University, *September 2019*
 4. TCU Graduate Studies Travel Grant Award (\$400)
Texas Christian University, *September 2018*
 5. HCNHS Student Travel Grant Award (\$500)
Texas Christian University, *September 2018*
 6. HCNHS Research Grant Award (\$500)
Texas Christian University, *February 2017*
 7. HCNHS Student Travel Grant Award (\$400)
Texas Christian University, *September 2016*
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RESEARCH PUBLICATIONS

1. **Farbo, D.,** & Rhea D.J. (under review). A pilot study examining body composition classification differences between body mass index and bioelectrical impedance analysis in children with high levels of physical activity. *Frontiers in Pediatrics*
2. **Farbo, D.,** Maler, L. C., & Rhea, D. J. (2020). The Preliminary Effects of a Multi-Recess School Intervention: Using Accelerometers to Measure Physical Activity Patterns in Elementary Children. *International Journal of Environmental Research and Public Health*, 17(23), 8919. <https://doi.org/10.3390/ijerph17238919>

RESEARCH PRESENTATIONS

1. Campbell-Pierre, D., & **Farbo, D.** The value of play is all in the design. U.S. Play Coalition Conference, 2021, Clemson, South Carolina.
2. **Farbo, D.**, Maler, L., & Rhea, D. J. The effects of a multi recess intervention on body composition in elementary school children. U.S. Play Coalition Conference, 2021, Clemson, South Carolina.
3. **Farbo, D.**, Maler, L., & Rhea, D. Determining obesity rates in children with multiple play breaks in school daily. U.S. Play Coalition Conference, 2020, Clemson, South Carolina.
4. Rhea, D. **Farbo, D.**, & Maler, L. Health disease trends in children: Is unstructured play reversing the trend? HCNHS Faculty Research Symposium, 2019, Fort Worth, Texas.
5. Rivchun, A., **Farbo, D.**, Rivchun, A., & Rhea, D. J. The effects of unstructured play on listening effort in elementary schools. U.S. Play Coalition Conference, 2019, Clemson, South Carolina
6. Rhea, D., **Farbo, D.**, & Clark, L. (April, 2019). The effects of Play on overweight/obese children in elementary schools. U.S. Play Coalition Conference, 2019, Clemson, South Carolina
7. **Farbo, D.**, & Rhea, D. Creating healthier kids one step at a time: An exploratory study through LiiNK. American School Health Association Conference, 2018, Indianapolis, Indiana.
8. Rhea, D.J., **Farbo, D.**, & Clark, L. The many faces of play: The many faces of children. U.S. Play Coalition Conference, 2018, Clemson, South Carolina
9. **Farbo, D.**, Clark, L., & Rhea, D. J. The LiiNK Project: Creating Healthier Kids One Step at Time. TAHPERD Convention, 2017, Fort Worth, Texas.
10. **Farbo, D.** The Effects of Play and Character on Physical Activity Levels and Emotional States of Elementary School Children. Texas Christian University – Student Research Symposium, 2017, Fort Worth, Texas.
11. **Farbo, D.** Creating healthier kids one step at a time: An exploratory study through LiiNK. Texas Christian University, HCNHS 3 Minute Thesis Competition, 2017, Fort Worth, Texas.

Guest Lecturer:

1. **Farbo, D.** How do we get both kids and adults active?
HLTH 40203-Study of Human Disease, Texas Christian University, 2021, Fort Worth, Texas.

HONORS AND AWARDS

1. Recognized Exceptional Graduate Student

Department of Kinesiology, Texas Christian University, *April 2017*.

2. 3rd Place Student Research Symposium Presentation

Title: Creating healthier kids one step at a time: An exploratory study through LiiNK
Harris College Student Research Symposium, Texas Christian University, *April 2017*.

3. People's Choice Award

Title: Creating healthier kids one step at a time: An exploratory study through LiiNK
TCU 3MT Competition, Texas Christian University, *March 2017*.

4. People's Choice Award

Title: Creating healthier kids one step at a time: An exploratory study through LiiNK
Harris College 3MT Competition, Texas Christian University, *March 2017*.

PROFESSIONAL AFFILIATIONS

Shape America, 2020-Present

US PLAY Coalition, 2016-Present

TAPHERD, 2017-2018, 2021-Present