



Indoor, Unstructured Recess Procedures for best results:

- If weather does not permit and schedule is intact, indoor recess must substitute for unstructured, outdoor recess.
- We set indoor recess for 15-minutes.
- Indoor recess should be tailored as unstructured.
- Five different play types should be offered. Those types are creative, physical, manipulative, expressive, and make-believe. All should be unstructured and create student self-direction.

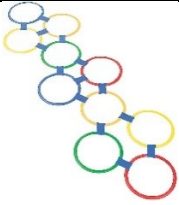




Basic indoor rules for best results:

- No flying objects. If a beanbag toss (or similar) is being used, a gentle underhand toss is acceptable, but the items must stay in that designated space.
 - No tying anything to inanimate objects or others.
 - The noise level needs to remain appropriate for indoors.
 - Limits can be set on the number of students at certain stations if needed. An example of this would be the kinetic sand station because it is very popular.
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- **A typical budget for these indoor recess kits per classroom is \$60-\$75 for a well-stocked kit.**
 - **We use storage (plastic) containers to house each classroom's materials.**






LiiNK® Elementary School Indoor Recess Kit Ideas

Physical


Product Name	Picture	Description	Vendor	Price
Fun Express Hopscotch Ring Game	 A set of colorful plastic rings (blue, green, yellow, red) connected by small blue plastic attachments, arranged in a hopscotch pattern.	This Hopscotch Ring Game is a fun new twist on a classic playground game. Connect the 11" diam. rings in any configuration you want for the perfect kids' game.	Amazon	\$23.99 10 plastic rings and 15 attachments
Champion Sports Platform Kid Stilts	 A set of colorful platform kid stilts (blue, purple, red, yellow, green) with straps, and a photo of two children standing on them in a gymnasium.	The Champion Sports Platform Kids Stilts Set lets you walk up to 14 inches taller than your normal height. Not only a fun toy, these stilts can also be used to enhance balance and coordination. Anyone can use them, no training needed!	Amazon	\$29.57 6 sets of 2 stilts
Eocolz 3 in 1 Carnival Game Set	 A set of colorful carnival games including traffic cones, rings, and bean bags.	Great for kids to have fun and work on motor skills. Excellent for sporting activities, logical training, and class games.	Amazon	\$19.99 6pcs carnival traffic cones (9x5inch), 12pcs colorful rings (5.5inch), 12pcs bean bags(2.4inc)
Covelico Exercise Dice for Kids	 Two large, colorful dice (yellow and red) with exercise instructions like "jump" and "squat" on their faces.	This big dice for kids makes kids exercise easy. Roll this 12-sided workout equipment for kids for unique active play and fun and fitness for kids.	Amazon	\$14.25 per dice
Element Fitness Glide Discs	 Two circular glide discs, one blue and one black, with the "ELEMENT FITNESS" logo.	Great for multi-surface areas, these discs deliver constant resistance, adding intensity to your lunges, squats, and upper body workouts. With virtually every move, you'll engage your core, giving you amazing abs, glutes, and thighs! Two double-sided sliding discs: blue smooth side for carpet, black fabric side for hard surfaces and wood.	School Health	\$8.97 1 set of 2 \$139.90 10 pair group pack







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		Discs are 7" in diameter and sold in pairs.		
Super Balance Pack		Walk along curved paths, scale the mighty river stones and traverse over the field of dome cones. Use your imagination to create unique scenarios and stations in your class!	School Health	\$256.99 1 set Curved Balance Beam- 12 Piece Set, 1 set Curve-A-Beam™, 1 set Dome Cones- Set of 36, 1 set River Stones- Set of 6
Us Games Waddle Walkers		Young athletes can quack and flail their wings as they learn valuable balance skills using these US Games Waddle Walkers. Targeted at developing core strength and balance, these boards are an incredibly fun way to get students active and participating in gym class or recreational center activities. Kids can spin 360° or waddle just like a duck as they attempt to stay on the board.	Walmart	\$54.47 6-pack
Directional Spot Pack		Point the way to fun with these colorful non-skid floor markers! Kids can make designs or use the markers for dancing, obstacle courses, or other aerobic moves.	School Health	\$74.99 1 set Star Spots, 1 set Hand Spots, 1 set Feet Spots, 1 set Curved Arrow Spots, 1 set Straight Arrow Spots

Make Believe



Product Name	Picture	Description	Vendor	Price
Melissa & Doug Farm Friends Hand Puppets		Four soft hand puppets to spark imaginative play. Great for motor skills, hand-eye coordination, communication skills, self-confidence, and social-emotional connections	Melissa and Doug	\$24.99 4-pack






<p>Melissa & Doug Let's Play House!</p>		<p>Various Let's Play House sets available, including some not pictured. Pictured: Stainless Steel Pots & Pans Play Set, Grocery Basket with Play Food, Wash & Dish Dry Set, and Spray, Squirt, and Squeegee Play Set</p>	<p>Melissa and Doug</p>	<p>\$16.99-39.99 per set; Prices vary between sets</p>
<p>KidKraft Play Food Set</p>		<p>It's time to eat! Our Tasty Treats Play Food gives kids all the pretend food they could possibly need.</p>	<p>Amazon</p>	<p>\$24.66 115-piece set</p>
<p>Super Z Outlet Velvet Animal Finger Puppets</p>		<p>Watch your child's face light up and let their creative imagination unleash when they start playing with these stuffed plush toys. Enhance interactive play, improve communication skills that makes for kids, and young elementary school game toys.</p>	<p>Amazon</p>	<p>\$8.99 Set of 10</p>
<p>Kids Dress-up Clothes</p>		<p>By dressing as characters from different careers, children can have fun in imaginary games that involve planning, problem solving, social roles, and decision making; This set includes 12 common occupations - police, fire chief, construction worker, astronaut, doctor, explorer, chef, pilot, soldier, vet, nurse, animal keeper</p>	<p>Amazon</p>	<p>\$39.99 12 pcs</p>

Expressive


Product Name	Picture	Description	Vendor	Price
Rhythm Band 8-Note Diatonic Set		Rhythm Band Boomwackers 8 Note Diatonic Set is correctly tuned to different musical notes and is ideal for solo fun, an entire classroom, stage performance, science classes. Children can play hundreds of songs by whacking different surfaces to create different sounds. Sold as 8 per set.	School Specialty	\$32.00 8 pcs
Melissa & Doug Band-in-a-Box		Band-in-a-Box has everything you need to form a kids marching band, launch a solo career, or just enjoy exploring music and sounds! The set includes a tambourine, cymbals, maracas, a clacker, tone blocks, and a triangle, plus a sturdy wooden storage crate. Strike up the band and spark a lifelong love of music with this distinct wooden set of instruments	Amazon	\$26.99 10-piece set
Juvale Lummi Rhythm Sticks for Kids	 	Help encourage and enhance your child's or toddlers' musical education, talents, and basic rhythm techniques thanks to these colorful wooden lummi sticks. Comes in 12" or 8" sets.	Amazon	\$19.99 12" set of 24 \$18.99 8" set of 24




Manipulative

Product Name	Picture	Description	Vendor	Price
PicassoTiles 100-piece Set		No limitations, scalable to build as big as desired by adding more pieces to create the masterpiece. Children can acquire strong sense of color, geometrical shapes including 3D forms numbers counts, magnetic polarities & architectural design	Amazon	\$39.99 100-piece set
Melissa & Doug Wooden Building Set		The Melissa & Doug wooden building blocks set includes 100 durable wooden blocks in 4 different colors and 9 shapes; it's a classic educational toy that provides hours of hands on, screen free play and learning.	Amazon	\$13.59 100 block set

Schylling MKT Classic Wood Construction Kit		Build a windmill with moving parts or a giraffe on safari! Full of multi-colored pieces including connector rods and circles, this engaging kit lets your little one be the inventor. Measures 6" x 6" x 11.25"	Amazon	\$18.99 70-piece set
72pack Pop Tubes		72 Pop Tube Sets in 8 Colors. The colored tubes are made of high-quality plastic. Pop tube toys are durable, thick, flexible and can withstand a lot of fidgeting, popping, stretching, pulling and bending. This sensory toy makes cool sounds as it stretches and contracts.	Amazon	\$16.99 72 tube set
Joinks		Use the flexible connectors with the rods and watch your buildings bounce, wiggle, and move without breaking! Connecting prongs bend and flex for customized construction. Create silly creatures, expressive forms, 3D geometric shapes, even molecular models! Support STEM learning.	Becker's	\$44.99 76-piece set
Pacon Notched Building Sticks		Designed to make building projects easier. The specially designed notches make it easy to break off a portion of the stick, or connect multiple sticks together to create shapes, objects, and more. Natural wood, each skill stick measures 4-1/2"x3/8".	eNasco	\$26.40 1-4 boxes of 1,000 each \$23.95 5+ boxes of 1,000 each
Guidecraft IO Blocks Minis – 900 Piece Set		Open-ended friction-fit construction toy with digital world design roots. Educational focus: STEM, fine motor and problem solving skills, and spatial concepts.	Amazon	\$40.48 900-piece set

Creative

Product Name	Picture	Description	Vendor	Price
The Twiddlers 24 pack Mini Magnetic Drawing Boards		Our 24 pack magnetic writing board for kids come in 2 bright colors of yellow & red, attractive looking & eye catching. Our drawing board will encourage creativity & imagination, as the kids use their own inspiration & ideas to produce that piece of self-made artwork!	Amazon	\$25.99 24 pack

<p>National Geographic Play Sand – 12 lbs</p>		<p>THE ULTIMATE PLAY SAND - This special sand sticks only to itself and not to you! This fun sensory activity is perfect for arts and crafts, and makes a great kids gift! Kids can build castles, pyramids, and more with the 6 different molds included in this kit.</p>	<p>Amazon</p>	<p>\$37.99 12 lbs and 6 molds</p>
<p>Play-Doh 36 pack</p>		<p>This Play-Doh modeling compound 36 pack has 36 assorted colors in 3-ounce cans for all your colorful creative needs, and there's plenty for kids to share! Shape, squish, mix, and make it all.</p>	<p>Amazon</p>	<p>\$28.99 36 pack</p>
<p>Crayola Creativity Tub</p>		<p>Includes 24 classic Crayola Crayons, 8 Broad Line Markers, 2 packs of Model Magic, 30 Colored Paper Sheets, 12 Short Colored Pencils, 4 Sidewalk Chalk Sticks, and a clear, durable tub. This unique kit includes a variety of art and craft items to make endless creations.</p>	<p>Amazon</p>	<p>\$18.00 per tub</p>



Two recess kits we have developed before: Recess Kit 1:

- Wild about animals
 - 3 cubes, 20 squares
- Ring toss
 - 1 cone, 4 rings
- Ribbon wands - 6
- Egg spoon race
 - 4 spoons, 4 eggs
- Curve-a-beam
 - 6 tubes, 6 pieces
- Crazy legs
- Poly spots - 6
- Bean bags - 6



Prop Box 2:

- Crazy legs
- What's in Ned's Head?
- Squigz
- Hula hoops- 3 to 5
- Poly spots - 12
- Jump ropes - 4
- Bean bags - 12
- Balance pods - 6



Other Recess Kit Ideas

Ocean Theme

- Plastic fish
- Beach towel
- Blue pop-up tube to crawl through (tunnel)
- Sand Alive! (kinetic sand—the kids love it)
- Under the Sea floor Puzzle (Target)
- Beanbags & Buckets (for tossing into buckets as a game)
- Sealife floor puzzle set

Community Helpers Theme:

- Children's book describing community helpers (informational text),
- Puppets,
- Clothing and tools for the following community helpers: Fireman, policeman, mailman, doctor, construction worker





No Theme (Mix and match items for different themes)

- Gears (kit of gears kids can build with)
- Solo cups (60ct)—it would be better to use stacking cups that are made for stacking competitions since they are more durable
- Blocks
- Stilt cups (stand on them and walk around)
- Boomwhackers (8 plastic tubes that play notes in an octave, for creating songs/rhythms)
- Egg spoon relay game (spoons, plastic eggs for racing), cones to mark where to stop/start relays
- Kinetic sand & Cookie cutters for making shapes with the sand
- Ribbon wand set (kids twirled the wands and moved around the room)
- Rhythm instruments
- Joey jump and bean bags (very popular with kids--projectile)
- Animal action card set (students act out the animal on the card)
- Musical instruments
- Pool noodles, cut up into shorter pieces kids could build with them
- Big floor puzzle

Zoo Theme: (use any of these items or some of your own ideas)

- Stuffed animals;
- Old cameras;
- Cardboard box cages;
- Plastic animals;
- Zoo brochures;
- Maps;
- Sunglasses;
- Clean, empty water bottles

Planting seeds/How a seed grows:

- Gardening gloves
- Watering can
- Rake
- Hand Shovel
- Pots
- Seeds
- Soil

