

## **Training Design:**

### **Power of Outdoor Play Training includes two phases of coursework:**

**Phase 1:** Introduced asynchronously through LiiNK's online platform, participants will complete two videos and submit the reflective assignments. Approval on both assignments is required two days prior to Phase 2 beginning. Phase 1 is needed to assure background information related to play and the outdoors has been established first prior to attending Phase 2 sessions.

**Phase 2:** After successful completion of Phase 1, participants complete two two-hour training sessions focused on how recess (unstructured, outdoor play) and the outdoors are necessary together to improve the whole child for learning and a healthy life. Phase 2 features live, synchronous sessions that occur either in person or online, depending on the training date.

Successful completion of all Phase 1 and Phase 2 components are required to receive 6 hours of CPEs.

\*Any of the offered trainings can be scheduled in person as professional development for larger groups such as school districts, parks and rec, community after school programs, early childhood programs, etc. The 6 hours of CPEs can be completed in one full day training or two half-day trainings with a minimum of 20 and no more than 50 participants in any one group. A training discount may be available for larger group trainings. Please contact us at 817-257-7685 or [liink@tcu.edu](mailto:liink@tcu.edu) for group pricing.